

MPTC

3 Day ROC

Patrol Rifle

Course Outline

3 Day Range



COMPLETE EACH MODULE

Introductions

- Instructor Introductions

Daily Safety Brief & Medical Plan

- Discuss and explain the proper safety brief and medical plan.

WHY IT IS IMPORTANT.

- Identify medics, 911, escort, transport, etc.
 - Training Location, Transport Vehicle, Gate or lock codes, etc.
 - Medical Equipment Location.
 - Range information including address should be posted somewhere on the range.
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- Discuss and review the four cardinal rules of firearms safety and why everyone must follow them.
 - Review the "CEASE FIRE" and make sure everyone knows that ANYONE can call a cease fire.
 - Discuss and review the range commands so all students are aware of what they are and there is no confusion.
 - Up Command.
 - On Safety let them hang.
 - All other common range commands.

Gear Check: Ensure all recruits have working rifles, slings and magazines.

Zeroing

Instructors, due to time constraints, should ensure and correct all rifle zeros. A brief explanation to the recruits on what zeroing is so they understand.

- Explain 50/200 yard zero.
- 50/200 Ten Yard Zero Target (see attached)
- Importance of knowing rifle zero

MODULE 1: RIFLE BASICS

Group Rotation *Break into smaller groups if class size requires.*

- **Group 1:** Field Strip and Nomenclature
- **Group 2:** Range Dry Fire
- Groups switch after 90 minutes

Function and Nomenclature

- Operation types: Direct Impingement vs. Piston
- Sling options (single, two point)
- Controls: safety, bolt release, mag release, charging handle
- Iron sights (fixed/pop up)
- Optics: Red Dot vs. LPVO, mounting (co-witness, lower 1/3, 1.93, 2.26)
- Magazines, buttstocks, handguards, muzzle devices

Field Strip and Function Test

- Demonstration and student practice
- Explain proper breakdown and assembly
- Discuss and explain all firearm maintenance should be with the department armorer's knowledge and permission.

Carry Conditions *(Important that recruits know these)*

- **Unloaded:** Safe on, bolt locked, no mag, chamber empty
- **Cruiser/Transport Ready:** Safe on, bolt forward, chamber empty, mag in
- **Tactical:** Safe on, bolt forward, round in chamber, mag in
- **Fire:** Off safe, bolt forward, round chambered, mag in

Module 1 Continued: Fundamentals (Dry Practice)

- Proper stance (modified isosceles/fighting stance)
- Proper mounting with cheek weld
- Support hand placement
- Posture (relaxed shoulders)
- Safety manipulation when breaking cheek weld
- Chamber checks
- Rifle work space
- Admin Load/Unload

3-Point Safety Check *(Same as Handgun)*

1. Safety on
2. Mag out
3. Bolt locked, round falls out
4. Visual check: chamber, ejection port, mag well
5. Cycle bolt 3 times and let rifle hang

Hold Over / Offset

- Explain and demo changes due to mount height
- Demo at multiple distances to show recruits

High/Low Ready

- Demo both positions
- Explain use/presentation from both

Module 1 Continued: Live Fire Section

One Hole Drill *(Trigger Module)*

Trigger Cadence

Recruits announce on the line: **PREP, CONFIRM, PRESS**. Repeat for the entire drill.

- 10 rounds at 3 yards
 - 10 rounds at 5 yards
 - 10 rounds at 10 yards
- Repeat x2 (total 3 reps)**
Last rep: 10, 15, 25 yards

Instructors should use this time to correct any fundamental issues. Ensure proper stance, mounting, and cheek weld to the rifle.

Positional Shooting & Barricade

- Discuss and demo Kneeling (single and double) and Prone
- Have recruits practice with empty rifles
- Strong Side Barricade
- Support Side Barricade
- Positional Around Barricade

Emergency Reloads

- Confirm gun is empty
- Release mag
- Bring rifle to work space
- Insert mag
- Bolt release
- Reassess

Drill: Fire 1 round, reload, failure drill

- 7 reps (28 rounds)
- Repeat x1 (total 2 reps)

Tactical Reloads

- Workspace
- Remove and stow current mag
- Insert new mag, tap and tug
- Reassess and bump gear (if applicable)

Drill

- 3 mags with 15 rounds each
- Instructor calls round count
- Tactical reload + gear bump until all mags are empty

End of Day 1

Range Clean Up, Debrief, Dismissal

MODULE 2

Daily Safety Brief & Medical Plan

- Discuss and explain the proper safety brief and medical plan.

Malfunctions

Type 1 Malfunction (Failure to feed, fire, extract, eject)

- Tap, Rack, Reassess

Ball & Dummy Drill

- 1 mag mixed: 15 live, 10 dummy rounds
- Repeat x2 (3 total reps)

Type 2 Malfunction (Double/triple feeds)

- Lock bolt, remove mag, look/shake/rack x3, reinsert mag, release bolt, reassess

Drill

- Mag loaded, ejection port covered by coach
- Shooter induces and clears malfunction (10 to 15 reps)

Transition to Handgun

- 15 yards and in: malfunction or empty → transition
- Instructor demo required

Pivots & Turns (*Dry and Live*)

- Muzzle discipline, look/turn/up

Movement

- Forward and rearward: Safety discipline
- Drills: 10→3 yards, 15→7 yards

Module 2 Continued

Hip/Body/Head Drill

- 7 & 10 yards
- Multiple targets and engagement zones

Distance Shooting

- 15 yards: head box
- 25 yards: center circle
- Max range: full bottle/steel targets
- Supported vs unsupported

Tempo Drill

- 3 x 30 round mags
- Shoot 15 rounds at various distances as fast as possible with accuracy
- Distances: 3, 5, 7, 10, 15, 25 yards

MPTC Practice Qualification

Remedial Help: Any recruits that need help or are having issues

End of Day 2

Range Clean Up, Debrief, Dismissal

MODULE 3

Daily Safety Brief & Medical Plan

- Discuss and explain the proper safety brief and medical plan.

MPTC Qualification

- Walk through the qual: shoot 10 rounds at each position for warm up and review
- Run the full qual

Final Assessment Skills Test-Out

- Proper Stance
- Admin Load/Unload
- Carry Conditions
- High/Low Ready
- Street Ready / Chamber Check
- Emergency Reload
- Tactical Reload
- Type 1 & Type 2 Malfunctions
- 3-Point Safety Check

Tempo and Volume Drills

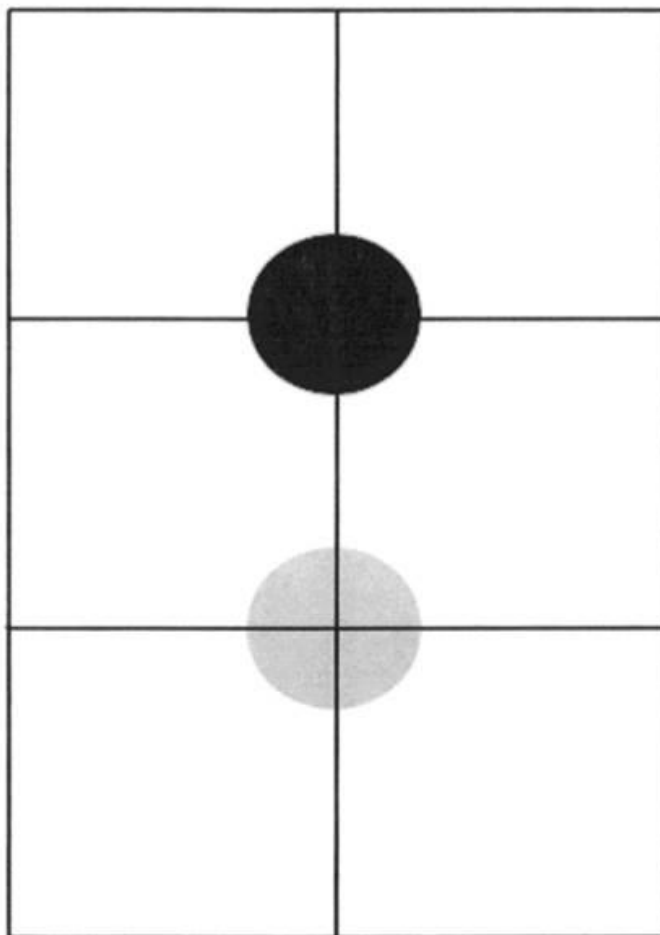
- Hip/Body/Head
- Multi Target Engagement
- Bill Drill
- Mag Dump Drills
- Casino Drill

End of Day 3

Detailed Debrief

Range Clean Up

Dismissal



This target can be used to achieve a 50/200 yard zero at 10 yards.

Gridlines and dots (center to center) are spaced 1.9"

Zeroing Instructions

1. **Place target** 10 yards from the shooting position.
2. **Use the black dot** as your point of aim.
3. **Adjust sights** until the point of impact coincides with the gray dot.
4. **Verify zero** at 50 yards.



MPTC Skills Assessment Form

Recruit Name: _____

Academy: _____

Department: _____

Date: _____

Course: Patrol Rifle

Observing Instructor: _____

<u>MPTC</u> <u>Skills</u> <u>Assessment</u>	PASS	FAIL	REMEDIAL	REMEDIAL PASS	REMEDIAL FAIL
ADMIN LOAD/UNLOAD					
STREET READY CHAMBER CHECK					
CARRY CONDITIONS					
3 POINT SAFETY CHECK					
EMERGENCY RELOAD					
TACTICAL RELOAD					
TYPE 1 MALFUNCTION					
TYPE 2 MALFUNCTION					
PROPER USE OF SAFETY					

Notes: _____
